ng (T) **12.30** Loose Wo

T) 1.30 ITV News: Weather (T) 1.55

7.00 EMMERDALE Nicola decides

7.30 CORONATION STREET Sophi

makes a horrifying discovery at the soup kitchen. (T)

8.30 CORONATION STREET Sophie

9.00 PAUL O'GRADY LIVE With

10.00 ITV NEWS AT TEN AND

10.35 PIERS MORGAN'S LIFE STORIES: SIMON COWELL The

music executive and TV producer chats about his career. (R) (T)

11.50 BEYOND EXPLANATION The

actress Michelle Collins and Girls

Aloud's Nicola Roberts. Last in the

10.30 STV NEWS AND WEATHER

8.00 Choice LOVE YOUR GARDEN Alan Titchmarsh shows how to create a fantasy garden. (T)



Main course: Food writer



he Kennedys, BBC 2, 9.00pm & 9.45pm



Full bloom: How to create a

fast (T) **9.15** Brita 10.00 Homes Under the r (R) (T) 11.00 Food Fighters (T) 11.45 Cash in the Attic (R) (T) 12.15 11.45 Cash in the Attic (R) (T) 12.15 Bargain Hunt. From Hungerford in Berkshire. (T) 1.00 BBC News; Weather (T) 1.30 Reporting Scotland; Weather (T) 1.40 Doctors. Cherry receives a makeover from Freya. (T) 2.10 Only Fools and Horses. (T) 3.05 CBBC 5.15 Pointless Celebrities. (T) 6.00 BBC News; Weather (T) **6.30** Repor Scotland; Weather (T)

7.00 THE ONE SHOW (T)

7.30 Choice THE GOOD COOK New series. Creating restaurant-quality food at home. (T) 8.00 EASTENDERS Janine receives

8.30 HOLBY CITY Darwin faces th prospect of closure, forcing lanssen to make a difficult lecision Meanwhile Chrissie passes up an opportunity to take her career a stage further. (T)

9.30 MY FAMILY Susan is accused 10.00 BBC NEWS (T) 10.25 REPORTING SCOTLAND;

WEATHER (T) 10.35 THE GRAHAM NORTON **SHOW** Highlights from the past two series. Last in the series. (T)

11.20 THE NATIONAL LOTTERY FRIDAY NIGHT DRAWS (T) 11.30 T IN THE PARK 2011 The headline set by Arctic Monkeys of the Main Stage. (T)

12.20 FILM: Lord of War (2005) Thriller, starring Nicolas Cage and Ethan Hawke. (T) 2.10 The One Show (R) (T) 2.45 Close 2.55 Sign Zone: Louis Theroux: Miami Mega Jail (R) (T) 3.55 BBC News (T)

SKY1
12.00 Stargate Atlantis 2.00
Verminators 3.00 Customs UK 4.00
Oops TV 4.30 Futurama 5.00 Oops TV 5.30 Futurama 6.00 The Middle 6.30 The Simpsons 8.00 Futurama. (if returns to his homeland to give pirth. 8.30 The Simpsons 9.00 An diot Abroad 10.00 Wall of Fame. Topical panel show. 10.30 Spartaci Blood and Sand 11.40 Brit Cops:

Panther Show (R) (T) tics (T) **12.30** GMT with George Alagiah (T) **1.00** Diagnosis Murder (R) (T) **1.45** To Buy or Not to (1) 1.30 ITV News; Weather (1) 1.55 STV News and Weather; Weather (T) 2.00 Ten Mile Menu (T) 3.00 Secret Dealers (T) 3.59 Local Weather (T) 4.00 Midsomer Murders (R) (T) 4.59 Get The Look' (R) (T) 5.00 The Hour (T) 5.59 Get The Look' (R) (T) 6.00 STV News at Six and Weather; Weather (T) 6.00 STV News at Six and Weather; Weather (T) 6.00 STV News at Six and Weather; Weather (T) 6.00 STV News at Six and Weather; Weather (T) 6.00 STV News at Six and Weather; Weather (T) 6.00 STV News At Six And We Murder (R) (1) 1.45 10 Buy or Not to Buy (R) (T) 2.15 Animal 24:7 (R) (T) 3.00 Flog It! (R) (T) 3.45 Antiques Road Trip (R) (T) 4.30 Weakest Link (R) (T) 5.15 Escape to the Country (R) (T) 6.00 Eggheads. Hosted by Dermot Murnaghan. (R) (T) 6.30 Great British Railway Journeys. Michael Portillo drives a heritage diesel train. (R) (T) 6.29 Get 'The Look' (R) (T) 6.30 ITV News; Weather (T)

7.00 HAMPTON COURT PALACE FLOWER SHOW 2011 Monty Don meets designer Chris Beardshaw. Last in the series. (T)

8.00 T IN THE PARK 2011 Coverage of Scotland's biggest music festival, with performances by Jessie J and the View. (T)

9.00 Choice THE KENNEDYS The Cuban missile crisis brings America and the Soviet Union to the brink of war. (T)

9.45 Choice THE KENNEDYS JFK's bond with Jackie is strengthened as the couple mourn the death of their newborn child. (T) 10.30 NEWSNIGHT (T)

11.00 THE REVIEW SHOW The panel discusses Terrence Malick's film The Tree of Life. (T); Weather

11.50 GOLF: THE SCOTTISH OPEN Highlights of the second day's play at the Castle Stuart Golf Links in

12.50 FILM: Critical Assignment (2004) A journalist uncovers a conspiracy by arms dealers to overthrow the president of an African nation. Thriller, starring Michael Power and Moshidi Motshegwa. (T) 2.35 Close

12.00 FILM: The Hindenburg (1975) Fact-based disaster movie, starring George C Scott, Anne Bancroft, Roy Thinnes and Burgess Meredith. (T) 2.00 The Nightshift (T) 5.30 ITV Morning News (T)

7.00 The Apprentice 8.00 T in the Park 2011 10.00 EastEnders 10.30 T in the Park 2011 12.00 Coronation Street 12.30 Emmerdale 1.30 The Jeremy Kyle Show 3.40 The Real Housewives of Show 3.40 The Real Housewives of Orange County 4.40 Loose Women 5.40 Judge Judy 7.00 All Star Mr & Mrs 8.00 Penn & Teller: Fool Us. Another four acts try to outwit the illusionists. 9.00 America's Got Talent 10.00 iTunes Festival 2011 11.00 Bowfinger (1999) Comedy, starring Steve Martin and Eddie Murphy. **E4 11.15** Being Erica **12.10** Heartland **1.05** 11.15 Being Erica 12.10 Heartland 1.20 Smallville 2.00 Hollyoaks 2.35 Gilmore Girls 3.30 Glee 4.25 Friends 6.05 My Name Is Earl 7.00 Hollyoaks 7.30 Friends 9.00 Gok's Clothes Roadshow 10.00 Supersize vs Superskinny

CHANNEL 4

7.33 Frasher (N) 79.25 Actualing to Jim 8.55 Friends (R) (T) 9.55 Country House Rescue (R) (T) 10.55 A Place in the Sun: Home or Away (R) (T) 11.55 Channel 4 Presents — David Clarke 2012 (R) (T) 12.00 Channel 4 News Summary (T) 12.05 Relocation: Phil Down Under (R) (T) 1.00 Channel 4 Racing, (T) 3.10 Countdown (T) 4.00 Deal or No Deal (T) 5.00 Four in a Bed (T) 5.30 Come Dine with Me (T) 6.00 The Simpsons (R) (T) 6.30 Hollyoaks (T)

7.00 CHANNEL 4 NEWS (T) **7.25 JAMIE'S 30 MINUTE MEALS** Focaccia stuffed with prosciutto and celeriac remoulade. (R) (T)

7.55 CHANNEL 4 PRESENTS — DAVID SMITH 2012 An insight into the paralympic boccia player's life. (Ť) 8.00 COME DINE WITH ME Four

mateur chefs host dinner parties n Birmingham. (T) 9.00 8 OUT OF 10 CATS With Patsy Kensit, Sarah Millican and Dr Christian Jessen. (T) 9.30 KING OF With Miranda Hart

and Micky Flanagan. Last in the eries. (T) 10.00 ALAN CARR: CHATTY MAN

With Eddie Izzard, Brian Cox and Hard-Fi. (T) 11.05 THE BIG BANG THEORY Tensions run high when the gang attends a weekend science

mysteries surrounding Scotland's many stone circles. (R) (T) 11.40 THE BIG BANG THEORY (T) 12.05 4thought.tv (T) 12.10 Music on 4 1.25 My Name Is Earl (R) (T) 2.10 The Real Housewives of New Jersey (R) (T) 3.05 Ugly Betty (R) (T) 3.50 Ugly Betty (R) (T) 4.40 One Tree Hill (R) (T) 5.25 Countdown (R) (T)

11.05 Dirty Sexy Things
SKY SPORTS
1
10.30 Live European Tour Golf. The Scottish Open. 1.30 Football's Richest Prize 3.00 Football's Greatest 3.30 Live European Tour Golf. The Scottish Open. 6.30 Premier League World 7.00 Sky Sports News at Seven 7.30 Live Super League. Warrington Wolves v Huddersfield Giants (kick-off 8.00pm) 10.00 Time of Qur Lives 500pm) 10.00 Time of Qur Lives 10.00 off 8.00pm). **10.00** Time of Our Lives

CHANNEL 5

ogan **12.10** 5 News (T) **12.15** Ice Road Truckers (R) (T) **1.15** Home and Away (T) **1.45** Neighbours (T) 2.15 CSI: Crime Scene Investigation (R) (T) 3.15 FILM: Ladies of the House (2008) Drama, starring Pam Grier. (T) 5.00 5 News at 5; Weather (T) 5.30 Neighbours. Kyle risks everything in a bet with Lou. (R) (T) 6.00 Home and Away. Bianca gives Heath the col shoulder. (R) (T) 6.25 OK! TV. (T)

7.00 5 NEWS AT 7 (T) 7.30 FIFTH GEAR A guide to frugal

8.00 DANGER: DIGGERS AT WORK New series. The work carried out by employees at a digger-hire firm, beginning by following a pair of drivers helping to battle a forest fire, and the creation of a

9.00 CASTLE A councillor running for re-election is murdered. leading Castle and Beckett to

10.00 LAW & ORDER Green and Cassady's inquiries lead them to a dysfunctional family with many secrets after the ex-wife of a mer senator is found murdere in her home. Last in the series. (T) 10.55 CSI: MIAMI Delko's past comes under investigation. (R) (T) 11.55 INSIDE HOLLYWOOD

12.00 SuperCasino 4.05 Motorsport Mundial. High-speed footage, news and views from around the world. 4.30 Fifth Gear (R) (T) 4.55 County Secrets (R) (T) 5.10 Wildlife SOS (R) (T) 5.35 House Doctor (R) (T)

11.00 Premier League World 11.30 Road to London 12.00 Super League ITV LONDON (SKY 993, FREESAT 977)

As STV except: 1.55 London News; Weather 3.59 London Weather 5.00 Dinner Date 6.00 London Tonight 6.00 Weather 10.30 London News; Weather 10.35 Backdraft (1991) Firefighting action drama, starring Kurt Russell.

Researchers have shown that owning a pet can help lower blood pressure and lessen anxiety – so adopt one of these cute creatures and help yourself as well as them



Great outdoors for L

moved into sheltered housing.

He's very independent and would be well-suited to a country house where he could spend his days

Mrs Murray's Cat and Dog Home is at Brickfield. East Seaton (01224) 483624. Viewing 9am-4pm. Monday to Friday and 9am-12.30pm Saturday.

He's three years old, neutered and vaccinated.
He likes to be cuddled but doesn't enjoy being picked
up. He shouldn't be homed with other animals.





J NEEDS a new home because his owner was

explorina his world.



DVD REVIEW

Drive Angry (18)

Katv Mixon.

Nicolas Cage, Amber Heard, William Fichtner, Billy Burke,

Milton (Nicolas Cage) is

agony as his beloved

daughter falls into the

condemned to purgatory

from where he must watch in

The world's biggest R&B superstar Beyonce is back with '4', her aptly titled fourth studio album

Speaking about the album, which she refers to as "musical gumbo", Beyonce reveals: "My fans will be so because I put my heart and



that's personal and honest.

leader Jonah King (Billy Burke). She is murdered for

her baby girl as part of a

satanic ritual and Milton

save his granddaughter.

underworld, determined to

He heads for a diner where

ne rescues waitress Piper

beating at the hands of her

boyfriend and she joins him

dispatches one of his minions,

Milton and return him to the

on a quest to track down Jonah. Meanwhile, the Devil

The Accountant (William

inferno. Drive Angry is an

outlandish revenge thriller,

which keeps the adrenaline

pumping with a volatile

cocktail of gun fights, car

chases and one-liners. Cage

and Heard are a formidable

Fichtner), to hunt down

(Amber Heard) from a

breaks out of the

Kaiser Chiefs – Future Is Medieval Leeds' Kaiser Chiefs aren't a

band immediately associated with innovation. But the fivepiece have looked to a notential future for music distribution for their fourth album, allowing fans to compile their own version of The Future Is Medieval from their official website. Putting fans in control is very nice, of course but could they not decide between these 20 songs? The Future Is Medieval can't be seen as any true statement, artistically, because the product is so flexible

Stevie Nicks - In Your Dreams

her spurs during a bone-crunching brawl in the back of a moving Winnebago. But you have to submit to the endless barrage of gratuitous violence to enjoy this.

Bone-crunching brawls spice up hard-edged thriller

"Volatile cocktail"

The Adjustment Bureau (12)

Matt Damon, Emily Blunt, Anthony Mackie, Michael Kelly, John Slattery, Terence Stamp. Ambitious New York politician David Norris (Matt Damon) has

overcome tragedy in his

Nicks' first album of new

material since the release of

her Grammy nominated 'Trouble In Shangri-La' ten

years ago. 'In Your Dreams was written and recorded at

Stevie's Los Angeles home

Ballard. Nicks and Stewart

and was co-produced by

Dave Stewart and Glen

co-wrote seven of the

album's thirteen songs

eve of an important speech, David meets gifted dancer Elise Sellas (Emily Blunt) and the spark of attraction is palpable. This chance encounter proves a turning point in David's potentially glittering future, leading to a startling revelation: he is not the master of his destiny. Wellsuited gents in hats including agents Richardson (John Slattery) and Harry (Anthony Mackie), are silently working behind the scenes, ensuring every human keeps to a path that has been designed for them. Adapted from Philip K Dick's 1954 short story, The Adjustment Bureau is a fastpaced thriller, which ponders

3 (-) The Mechanic life by clever storytelling.

Ben Major 4 (2) The Fighter 5 (4) True Grit TOP 10 BOOKS charge for the US Senate and the White House, aided by 6 (-) I Am Number Four 7 (3) The Next Three Days campaign manager Charlie Traynor (Michael Kelly). On the Afterwards
Rosamund Lupton 8 (5) The King's Speech 9 (6) The Green Hornet 2 At Home: A Short History Of Private Life Bill Bryson 10 (-) Drive Angry

DVD TOP 10

1 (1) Paul

2 (-) Black Swan



Chart supplied by www.blockbuster.co.u **The Finkler Question** Howard Jacobson **5** The Tiger's Wife Tea Obreht the ripple effect when one man attempts to defy the **6** A Clash Of Kings George RR Martin future that has been apparently mapped out for him. Damon delivers another

Solar lan McEwan compelling performance and screen chemistry with Blunt **8** The Confession John Grisham smoulders, while Nolfi direct

9 Miracle Cure Harlan Coben

Saturday, July 2, 2011 WEEKEND 13

BOOK REVIEW

Robopocalypse by Daniel H

IT SEEMS natural that Daniel H

Survive A Robot Uprising and How To Build A Robot Army,

would turn his attention to a

about an apocalypse brought

A survivor pieces together the

documentary-style novel

on by sentient machines.

story of what happened,

dubbed heroes by the

machine mastermind

It is an intriguing an

mankind.

recounting tales of people

Initially, ominous incidents take place, including the malfunctioning of a

pacification robot in Afghanistan, and a robot companion in Japan turning

against its owner, before the

machines try to exterminate

terrifying account of an all-too-real future brought to

£19.99)

10 How To Train Your Dragon Cressida Cowell

GAME REVIEW

with confidence, as the plot

builds to a frenetic chase

through the streets of New

EVE Online Incarna

BEAUTIFUL is really the best **Lady Gaga**– Born This Way. word to describe the latest EVE Online Expansion. The impressive character creator launched at Christmas has really come into its own wit the introduction of the Captain's Quarters (CQ). Allowing players the

5- Doo Wops & Arctic Monkeys

Progressed

Bruno Mars

TOP 10 ALBUMS

2-Bon Iver Bon Iver.

Caro Emerald

- Deleted Scenes From e Cutting Room Floor. Bad Meets Evil (Eminem)

Hell: The Sequel **9**-Who You Are. 10-Rihanna

relax and control their empires through the new UI centred around 3 holoscree

displays, CQ has really brought online immersion to a new level. The expansion has brought an updated ship model, a complete revamp of the Turrets and a complete overhaul of the missioning system. Incarna, as the lates

expansion is know is the 14th

free expansion to the

residents of the 66 regions of the EVE universe. Incarna's focus is not just on established players, but on drawing new players into the largest online game out there. Incarna is a great stepping stone to what all EVE's pilots want from their game. Now is the time to get online and

explore the stars

Callum Main



Simon Hopkinson presents, The Good Cook, BBC 1, 7.30pm



Family affair: Katie Holme



fantasy garden, Love Your Garden, STV, 8.00pm

ADOPT A PET





 YSON is still a pup and needs further training.
 He's a nine-month-old Staffie who has had all his vaccinations to date. He was brought in for



